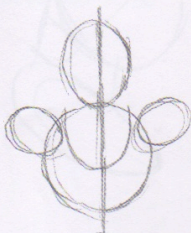


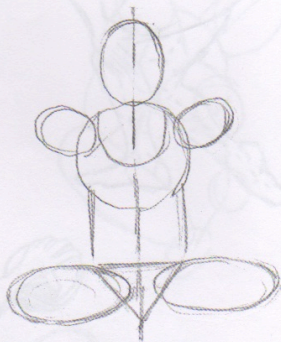
The Split Leap

One look at the final drawing of this gymnast and you know she is clearly airborne, and clearly the most symmetrical sports figure in this book!

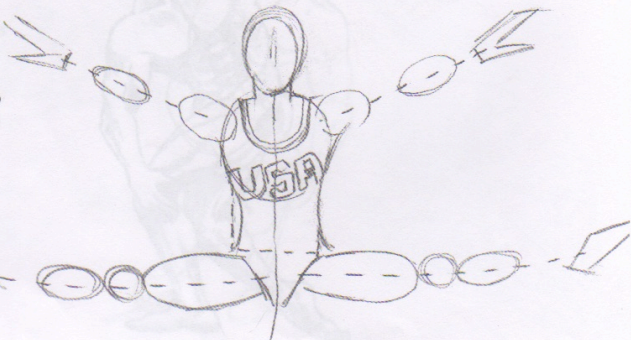
1. First sketch a center guide line to divide the mirrored forms on each side. Sketch an oval for the head. Sketch the upper body oval. Add a "U" shape to begin her collar. Sketch two ovals for shoulders.



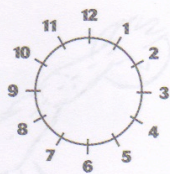
2. Draw a line on each side to form her slim waist. Sketch a diamond shape for her pelvic area. Sketch two flat ovals to form her muscular thighs.



3. Draw her hair line. Add neck lines. Draw another U shape to complete the collar. Sketch rods (lines) and joints (ovals) for her outstretched arms. Sketch the triangular shaped hands. Sketch the block letters across her torso. Outline her upper body and waist.



Sketch the rods and joints to form her extended legs. Sketch her pointed feet.



Use the clock face to compare angles of lines and ovals.



4. Add hair lines and long strands to begin the flying ponytail. Add lines for eyebrows, eyes, nose and mouth. Outline her arms. Shape her hands and fingers. Add stars on her long right sleeve. Outline and shape her legs and feet. Draw lines for her shoes.

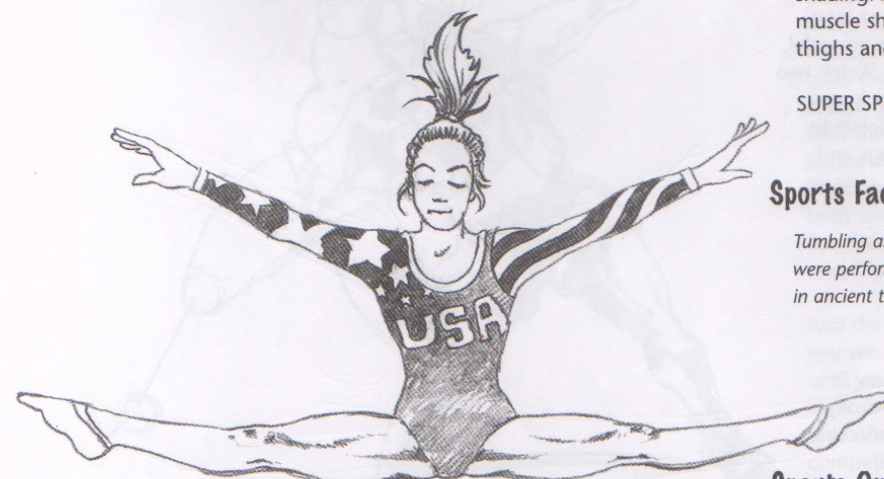
5. Add more lines for her flowing ponytail. Don't forget the stray strands by her ears! Sharpen the facial features.

Draw stripes on her left sleeve. Sharpen the outline on her leotard uniform. Add shading. Add the subtle muscle shading on her thighs and calves.

SUPER SPLIT!

Sports Fact...

Tumbling and balancing exercises were performed as religious rituals in ancient times in China.



Sports Question...

What culture coined the word gymnastics?